



Introduction

INTRODUCTION TO DAAPP AND FEDERAL REQUIREMENTS

The Drug and Alcohol Abuse Prevention Plan (DAAPP) at Cal State East Bay is designed to outline Cal State East Bay's role in complying with the requirements of the *U.S.**Department of Education's Drug-Free Schools and Campuses Regulations (EDGAR Part 86).

Under these regulations, all colleges and universities that receive federal funding must provide education and resources to prevent the unlawful use and misuse/abuse of drugs and alcohol by students and employees.

BIENNIAL REVIEW RESPONSIBILITY

The Biennial Review Report is the responsibility of the Director Recreation, Wellbeing, & University Unions, Jennifer Luna, Chairperson of the Alcohol, Tobacco and Other Drugs (ATOD) Committee. As the campus designee, the ad-hoc committee has worked to prepare the biennial ATOD and activities report as follows:

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The person(s) responsible for drafting the Biennial Review Report should use the DAAPP in conjunction with the *U.S. Department of Education's*

Goals and Objectives

Cal State East Bay's Alcohol, Tobacco and Other Drug (ATOD) Committee will be responsible for deciding on the final goals and objectives of the DAAPP. Sample goals from the ${\it S}$

- o Description of where to go for referrals
- o Statement of disciplinary sanctions

EMPLOYEES

The annual notification is emailed to employees annually by Human Resources. A copy of the <u>Annual Notification for Employees</u> is distributed via email to all employees.

Content of the annual notification to employees should include:

- o Standards of conduct that prohibit unlawful manufacture, distribution, dispensation, possession, sale, offer to sell, purchase, offer to purchase, and/or unlawful use.
- o Description of the dangers and health risks associated with use
- o Description of applicable sanctions
- o Description of where to go for referrals & referral process
- Statement of disciplinary sanctions

ATOD Programs

CURRENT STUDENT PROGRAMS

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- a. Health & Wellness Services integrates alcohol and other drug education through into general prevention curriculum (nutrition, self-care, fitness, sexual health, sexual violence) to provide a holistic approach to overall student wellness. The alcohol education campaign incorporates three learning outcomes:
 - i. Being an Informed Pioneer students gaining basic knowledge of alcohol use effects upon the body, serving sizes, correcting misinformation gained from social media/urban myths, and providing statistics of social mores regarding alcohol use for Cal State East Bay.
 - ii. Choose to Use Responsibility challenging student notion of what is responsible use, increasing motivation to adopt personal protective behaviors

- when drinking alcohol including moderating, designated drivers, balancing priorities of work/school/family against partying, and enhanced decision-making skills.
- iii. Taking Action to Help a Friend increasing students' confidence to become an active bystander, actively engage their peers in harm reduction when they had too much to drink, overcoming group think and peer pressure when someone has alcohol poisoning, and supporting a peer if they are showing signs of alcohol misuse/abuse and encouraging them to seek help to reduce/quit use.

Completion Data

Academic Year	Events with Interactive tabling activities dedicated specifically to alcohol education	Events with alcohol education infused into general wellness curriculum	
2019-2020	1,542 participants	3,321 participants	
2020 - 2021	ATOD programs were postponed during COVID shelter-in-place.		
2021 - 2022	250 participants	128 participants	
Fall 2022	367 participants	698 participants	

b. As part of Cal State East Bay's comprehensive alcohol abuse prevention initiatives for students, incoming students are required to complete an online alcohol and other drug prevention program. Incoming Freshman and Transfer students must complete the AOD modules of the "Not Anymore" the Title IX training. Registration holds are placed upon students who do not complete the requirement.

The 30-minute interactive session features content designed to educate students on the risks of alcohol and other drugs, as well as to prepare them for handling

dangerous situations related to those substances. Content includes information on the effect of AOD upon GPA, peer influences, and tips for bystander interactions. The program uses social norming, peer-based reality, and harm reduction approaches.

Completion Data:

Academic Year	Educational Program	Student Completion
2019-2020	Not Anymore	3,943
2020-2021	NotAnymore	960
2021-2022	Not Anymore	1,855



protective behaviors to use when drinking alcohol. Executive summary results from the 2021 NCHA can be found online at NCHA Reports.

Policy & Other Enforcement Documents

Sanctions class curriculum

CAMPUS POLICIES

Policy Regarding the Sale, Consumption, Distribution, and Possession of Alcoholic Beverages - The Cal State East Bay Policy Regarding the Sale, Consumption, Distribution, and Possession of Alcoholic Beverages is available on the ATOD website. Drug-Free Workplace Policy - The California State University Drug-Free Workplace Policy is shared with all employees during the annual notification and is also available on the HR website at CSUEB policies.

Policy Distribution

Cal State East Bay's policies are available on the campus policies website.

EXECUTIVE ORDERS

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b. The Cal State East Bay Athletics Drug Policy which highlights drug testing, testing procedures, and NCAA banned-drug classes. Athletes are required to read and sign a statement indicating an understanding and willingness to comply with the NCAA drug policy. Failure to sign this form will make an athlete ineligible for competition and forfeit any scholarship.

MISCELLANEOUS PROCEDURES FOR SERVING ALCOHOL ON CAMPUS University Advancement Events - All University Advancement Events follow the Cal State East Bay P

Student Clubs and Organizations Events

The Student Code of Conduct, California Code of Regulations - Title 5, Section 41301 (10) outlines the Policy on Alcohol Use Requests stating "A copy of the University's Alcohol Policy shall be provided to listed student club/organization officers during the annual recognition process. Completion of the recognition process includes agreement to abide by and uphold the University's policies. The University's Alcohol Policy is in compliance with California Law, which prohibits the sale or giving of any alcoholic beverage to any person under the age of 21. Student organizations are in violation of University policy if any individuals under the age of 21 arein possession of alcoholic beverages at an activity sponsored/hosted by the student

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Policy Enforcement/Violations

STUDENTS

Houeing - alignment with University Conduct (see below), Student Housing & Residence Life mirrors the conduct process and educational sanctions as designated by the campus. R

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Academic Affairs, Administration & Finance and the Wellbeing Coalition will develop a stronger sense of campus community and partnerships, as well as alignment with